

Title: *Beyond the Veil: A Multidimensional Framework for Reality, Consciousness, and the Architecture of Existence*

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Abstract

This paper explores the hypothesis that reality operates through multiple, interpenetrating dimensions governed by both physical laws and fields of consciousness. Drawing from quantum physics, consciousness studies, and metaphysical traditions, the author proposes a unified model in which dimensions represent distinct informational bandwidths within a single continuum of existence.

Through a balanced review of theoretical physics, empirical data, and phenomenological reports, the study examines how consciousness may serve as a mediating force between dimensions, influencing perception, time, and matter organization. The findings suggest that integrating subjective and objective epistemologies is essential to advance a multidimensional science capable of bridging inner and outer realities.

Keywords: multidimensional reality, consciousness studies, quantum theory, metaphysics, nonlocal mind, field theory, transdisciplinary research

1. Introduction: The Problem of One Reality

For centuries, humanity has perceived existence primarily through the lens of material realism—a worldview in which reality is defined by observable, measurable phenomena constrained within three spatial dimensions and a linear experience of time. This paradigm, though instrumental in advancing science and technology, has proven insufficient in addressing questions that extend beyond physical observation, such as consciousness, intuition, near-death experiences, and synchronicity. Modern physics, however, increasingly indicates that reality may be far more complex than once assumed, operating through multiple layers or dimensions that coexist beyond ordinary perception (Greene, 2020; Kaku, 2021).

The emergence of quantum mechanics in the early twentieth century destabilized classical assumptions of solidity and determinism. Phenomena such as wave-particle duality, quantum entanglement, and superposition reveal that observation itself influences outcomes, suggesting that consciousness may participate in the construction of perceived reality (Rosenblum & Kuttner, 2017). Meanwhile, metaphysical traditions for millennia have posited the existence of multidimensional planes—the astral, causal, and spiritual realms—each representing a vibrational state of being rather than a spatial coordinate (Blavatsky, 1888/2015; Bailey, 1922/2020). Though described through differing vocabularies, both physics and metaphysics appear to converge on a shared principle: reality is layered, dynamic, and interdependent.

This paper proposes a unified framework that interprets multidimensional reality as a nested continuum of information and consciousness. Rather than viewing dimensions as separate worlds, the author approaches them as simultaneous states of energy organization—each accessible through shifts in awareness, frequency, or measurement scale. The research aims to bridge theoretical physics and consciousness studies by addressing a central question: **Can consciousness be understood as a dimensional force that both perceives and generates reality?**

The author adopts a transdisciplinary perspective, integrating insights from quantum field theory, neuroscience, parapsychology, and esoteric cosmology. By treating subjective experience as valid data and aligning it with established physical models, this study seeks to outline an emerging epistemology—one capable of reconciling the empirical and the experiential. The discussion invites scholars to reconsider the boundaries of science, proposing that a true comprehension of reality requires inclusion of consciousness as both observer and participant in the multidimensional architecture of existence.

2. Literature Review: From Physics to Metaphysics

The study of multidimensional reality draws from two broad intellectual lineages—modern physics and ancient metaphysical philosophy. Each, in its own language, seeks to describe the hidden order behind apparent phenomena. Though traditionally considered incompatible, both traditions converge on the idea that reality is not singular or fixed, but layered, fluid, and participatory.

2.1 Physics and the Expansion of Dimensional Models

In contemporary theoretical physics, multidimensionality is not merely speculative; it forms the mathematical backbone of several frontier models. String theory, for instance, posits that the fundamental constituents of matter are vibrating strings existing in up to ten or eleven dimensions (Polchinski, 1998). These additional dimensions are not visible because they are “compactified”—rolled up within subatomic scales—yet they influence the observable forces and constants of our universe (Greene, 2020). Similarly, the multiverse hypothesis suggests that our known universe may be one among countless others, each operating within distinct energetic configurations and laws of physics (Tegmark, 2014).

Quantum mechanics provides further evidence that the universe may not be deterministic but probabilistic. The famous double-slit experiment demonstrates that particles exist in a state of potentiality until observed, implying that observation collapses probabilities into manifest outcomes (Rosenblum & Kuttner, 2017). Entanglement experiments—where particles remain correlated across vast distances—suggest that spacetime may not be the ultimate limit of connection (Aspect, 2022). These findings have inspired post-materialist interpretations, where consciousness is treated not as an emergent property of matter but as a fundamental field interacting with quantum systems (Hameroff & Penrose, 2014).

2.2 Consciousness Studies and Nonlocal Mind

Parallel to developments in physics, research into consciousness has increasingly explored nonlocal phenomena. Studies on remote viewing, precognition, and near-death experiences indicate that perception may extend beyond the brain’s spatial boundaries (Radin, 2018; Greyson, 2021). Neuroscientific data on meditation and altered states further demonstrate that consciousness can modulate brainwave patterns and physiological coherence, reflecting a possible resonance with broader energetic fields (Lutz, Dunne, & Davidson, 2007).

Philosophically, panpsychism and idealism have regained attention as frameworks that position consciousness as the substrate of reality rather than a byproduct (Chalmers, 2015). These models challenge materialism by asserting that all matter possesses some degree of proto-conscious awareness, thereby situating human consciousness within a universal continuum.

2.3 Metaphysical and Esoteric Cosmologies

Long before the rise of modern science, metaphysical systems across cultures described the cosmos as a multidimensional structure. The Hermetic, Vedic, and Theosophical traditions all delineate hierarchical planes of existence—from dense physical matter to subtler etheric, astral, and causal levels (Blavatsky, 1888/2015; Vivekananda, 1896/2001). These teachings assert that consciousness, not matter, is the organizing principle of the universe. The physical world is therefore one expression within a larger field of intelligent energy.

Modern metaphysicians such as Alice Bailey (1922/2020) and Rudolf Steiner (1925/2011) extended

these principles into proto-scientific language, describing the human being as a multidimensional system of interlocking bodies—physical, emotional, mental, and spiritual—each operating within specific vibrational ranges. Their models anticipated contemporary discussions of frequency, resonance, and field coherence now appearing in consciousness science.

2.4 Toward a Unified Understanding

Recent interdisciplinary efforts have begun to bridge these domains. Theoretical physicist Amit Goswami (2017) proposed a “quantum monism” where consciousness is the ground of all being and the universe is its self-observation. Similarly, Laszlo’s (2020) “Akashic field” theory suggests that all information and energy are stored in a nonlocal field accessible through resonance, akin to what mystics have long called the Akashic Records. These frameworks indicate a growing recognition that physics and metaphysics may be complementary languages describing the same reality from outer and inner perspectives.

Collectively, these literatures reveal a profound shift: from matter-centric ontology toward a consciousness-inclusive cosmology. The convergence of physics and metaphysics signals not the end of empirical science, but its evolution into a more holistic discipline capable of addressing the multidimensional nature of existence.

3. Theoretical Framework: The Multidimensional Architecture of Reality

3.1 Conceptual Overview

This framework proposes that reality is composed of multiple interpenetrating dimensions, each defined not by separate locations in space but by degrees of energy density and information complexity. In this model, dimensions function as discrete but interconnected “frequency bands” within a single universal field. Every form—whether subatomic particle, organism, or thought—exists as a vibrational node within this continuum. The boundaries between dimensions are therefore perceptual rather than absolute.

The author builds on theoretical physics’ concept of higher-dimensional space while integrating consciousness-based cosmology. Within quantum field theory, particles emerge from underlying fields through fluctuations in energy (Wilczek, 2016). In parallel, metaphysical traditions describe materialization as the condensation of consciousness into form. When viewed together, these models suggest that consciousness may operate as the organizing principle through which potential energy crystallizes into physical manifestation.

3.2 Dimensional Stratification

The proposed structure consists of nested layers of reality, each corresponding to a particular vibrational bandwidth:

- **Three-Dimensional (3D) Plane:** The physical universe of matter, governed by classical mechanics and observable through sensory perception.
- **Fourth Dimension (4D):** The temporal and energetic layer in which time, emotion, and subtle energy patterns interact. Phenomena such as synchronicity, intuition, and emotional resonance may originate within this dimension.
- **Fifth Dimension (5D):** The domain of unified consciousness, characterized by coherence, nonlocal awareness, and the dissolution of subject-object separation. Reports of mystical experiences, telepathic phenomena, and near-death awareness often align with this frequency (Greyson, 2021).
- **Higher Dimensions (6D–12D+):** Hypothesized realms of archetypal information and cosmic architecture. Within esoteric literature, these are understood as planes of causal intelligence, divine geometry, or “source consciousness” (Bailey, 1922/2020).

These layers are not isolated but coexist simultaneously, influencing and reflecting one another. Consciousness acts as the transversal vector capable of perceiving or inhabiting different dimensional states depending on its coherence and frequency alignment.

3.3 The Role of Consciousness as a Dimensional Mediator

Consciousness serves as both observer and constructor of reality. This aligns with interpretations of the quantum measurement problem, where observation appears to collapse probabilistic wave functions into definite states (Rosenblum & Kuttner, 2017). In the proposed model, consciousness does not merely register outcomes; it selects among potentialities according to resonance with specific dimensional frequencies.

Hameroff and Penrose's (2014) *Orch-OR* model supports this premise by suggesting that quantum processes within neural microtubules may link brain activity with fundamental spacetime geometry. Thus, consciousness may function as a “dimensional interface” capable of influencing physical probability through informational alignment.

3.4 Resonance, Frequency, and Coherence

If dimensions are understood as frequency domains, resonance becomes the mechanism of interaction. Resonance allows systems of similar vibration to exchange energy and information efficiently (Laszlo, 2020). Coherence, both neural and energetic, enables consciousness to access subtler dimensions by synchronizing internal oscillations with broader universal patterns. Studies on heart-brain coherence (McCraty & Zayas, 2014) demonstrate that emotional states of gratitude or love produce measurable electromagnetic harmonization, suggesting that inner coherence facilitates expanded awareness.

3.5 Integration of Scientific and Metaphysical Principles

The framework integrates two central axioms:

1. **Physical Principle:** All matter emerges from structured fields and probabilistic potentials.
2. **Metaphysical Principle:** Consciousness is the fundamental field from which all structures arise.

Together, these imply that reality is an informational hologram—each part containing the pattern of the whole. The multidimensional architecture is therefore both external (physical) and internal (psychic), allowing for reciprocal causality between thought and form.

In this synthesis, dimensions are not alternate worlds but different expressions of the same unified field, accessible through consciousness modulation. The theoretical model thus provides a foundation for empirically exploring nonlocal mind, energy healing, and anomalous perception without dismissing their metaphysical roots.

4. Methodology: Inner and Outer Observation

4.1 Research Approach

This study employs a **transdisciplinary qualitative approach**, combining theoretical synthesis, phenomenological analysis, and interpretive review of existing empirical research. It does not aim to prove the existence of higher dimensions through experimental replication alone but to construct a conceptual bridge between physics, consciousness studies, and lived experience. Such integration aligns with the transpersonal research paradigm, which values both objective and subjective data as valid sources of knowledge (Braud & Anderson, 2011).

The research process therefore involves three complementary modes of investigation:

1. **Analytical Review** – synthesizing peer-reviewed findings in quantum theory, neuroscience, and consciousness studies.
2. **Phenomenological Inquiry** – analyzing first-person accounts of altered states and multidimensional perception as legitimate experiential data.
3. **Hermeneutic Interpretation** – comparing symbolic, metaphysical, and philosophical texts to identify convergent principles across traditions.

4.2 Rationale for Integrative Methodology

Traditional scientific methods often exclude subjective experience as unquantifiable or unreliable. However, the study of consciousness inherently requires methodologies that embrace the interior dimension of awareness. Transpersonal researchers argue that introspection, meditation, and visionary states—when systematically observed and recorded—yield reproducible insights about consciousness structure (Walsh & Vaughan, 1993).

This research adopts that stance, proposing that **inner observation** (direct experience of expanded awareness) complements **outer observation** (empirical data). The two perspectives represent different but equally necessary axes of multidimensional study. Ignoring subjective phenomena limits science to a partial depiction of reality.

4.3 Data Sources and Selection Criteria

Data were drawn from three primary categories:

1. **Peer-Reviewed Literature:** Journals in quantum physics, neuroscience, and consciousness studies published between 2000–2025.
2. **Documented Experiential Accounts:** Peer-reviewed compilations of near-death experiences, meditative phenomena, and psi research (Greyson, 2021; Radin, 2018).
3. **Cross-Cultural Metaphysical Texts:** Classical works from Hermetic, Theosophical, and Eastern traditions providing analogical context for dimensional models.

Selection criteria emphasized credibility, theoretical depth, and relevance to dimensionality or consciousness-field interaction. Sources were triangulated to minimize interpretive bias and enhance coherence between physical and metaphysical findings.

4.4 Analytical Framework

To interpret the data, a **comparative integrative analysis** was applied. The analysis involved identifying recurring themes across disciplines—such as energy, vibration, nonlocality, and coherence—and mapping them onto a shared theoretical grid. This grid was then tested against both empirical phenomena (quantum experiments, brainwave studies) and subjective reports (altered states, mystical experience).

The analysis followed three phases:

1. **Descriptive:** Identifying and categorizing observed phenomena.
2. **Structural:** Determining the underlying dimensional or energetic pattern.
3. **Interpretive:** Synthesizing physical and metaphysical explanations into a unified conceptual model.

4.5 Limitations and Scope

Because this research integrates empirical and phenomenological data, it is inherently interpretive rather than experimental. The study does not claim direct measurement of higher dimensions but interprets cross-field consistencies as indicators of a broader multidimensional architecture. Furthermore, cultural variations in language and symbology necessitate careful contextualization; terms like “astral” or “quantum” may describe the same principle through different epistemologies.

Despite these limitations, the methodology offers a balanced platform for expanding scientific discourse to include the experiential dimension of human inquiry. By valuing observation both within and without, the research honors the multidimensional nature of its subject.

5. Findings: Evidence Across Fields

5.1 Overview

Analysis of data across quantum physics, neuroscience, and consciousness research reveals consistent patterns supporting the hypothesis that reality may function as a multidimensional continuum. Evidence arises not only from controlled experimentation but also from phenomenological data that demonstrate coherence between subjective experience and physical principles. Three primary domains—**quantum nonlocality**, **consciousness-field interaction**, and **experiential correspondence**—emerge as convergent indicators of multidimensional architecture.

5.2 Quantum Nonlocality and the Limits of Classical Space-Time

Quantum nonlocality represents one of the strongest physical arguments for multidimensional reality. The 2022 Nobel Prize in Physics, awarded to Aspect, Clauser, and Zeilinger, confirmed through entanglement experiments that particles separated by vast distances exhibit instantaneous correlation (Aspect, 2022). This finding defies classical notions of locality and suggests that underlying connections exist beyond spacetime's constraints.

The implications are profound. If entangled particles remain unified regardless of distance, then the universe functions as a single, nonlocal information field—a higher-dimensional structure in which separation is an illusion. The “hidden variables” once proposed by Einstein may correspond not to unseen forces within three-dimensional space, but to interactions occurring in additional dimensions beyond sensory reach (Tegmark, 2014).

This concept aligns with David Bohm's (1980) *implicate order* theory, which describes reality as a holographic unfolding of deeper, enfolded dimensions of potential. In such a model, every point in space contains information about the whole, mirroring metaphysical descriptions of the universe as an interconnected web of consciousness.

5.3 Consciousness-Field Interaction and Coherence Phenomena

Studies in psychophysiology and parapsychology suggest that consciousness may interact with physical systems in ways not yet accounted for by known forces. Dean Radin's (2018) meta-analyses of intention experiments reveal statistically significant correlations between focused attention and random event generators. Similarly, research by McCraty and Zayas (2014) at the HeartMath Institute demonstrates that emotional coherence produces measurable electromagnetic field effects extending several feet beyond the body.

These findings imply that consciousness operates through field dynamics analogous to resonance. When individual consciousness achieves coherence—often during meditation or states of compassion—local environments exhibit increased order and synchrony (Lutz et al., 2007). This supports the hypothesis that higher-dimensional information may be accessed through coherent states of awareness, allowing subtle influence over probability fields.

In quantum terms, such coherence could represent alignment with specific dimensional frequencies. The mind's focused intent may momentarily “phase match” with the universal field, facilitating information transfer across levels of reality.

5.4 Experiential Correspondence in Altered States

Phenomenological accounts of near-death experiences (NDEs), deep meditation, and lucid dreaming offer compelling subjective evidence for multidimensional perception. Greyson's (2021) longitudinal studies of NDEs describe consistent reports of entering realms of light, timelessness, and interconnected intelligence—dimensions perceived as more real than physical existence. Similarly, practitioners of advanced meditation report experiences of unity, expansion beyond the body, and direct awareness of energy fields (Lutz et al., 2007).

While subjective, these accounts demonstrate cross-cultural consistency and structural parallels to quantum descriptions of nonlocality and field interconnection. The recurrence of themes—light, timeless awareness, and holographic vision—suggests experiential access to higher-dimensional information. When mapped against the theoretical framework proposed in Section 3, such states appear to correspond to transitions between 3D, 4D, and 5D consciousness.

5.5 Cross-Disciplinary Convergence

When viewed together, the data converge on several key points:

1. **Reality exhibits nonlocal coherence**—quantum and experiential data both demonstrate instantaneous connectivity across apparent distances.
2. **Consciousness modulates probability**—focused intention correlates with measurable physical and physiological effects.
3. **Awareness is multidimensional**—altered states consistently report interaction with nonphysical but structured realms.
4. **The universe is informational**—both physics and metaphysics describe existence as data or vibration embedded in a unified field.

These findings collectively support the hypothesis that consciousness and reality are co-creative participants within a multidimensional architecture. The evidence does not reduce to simple causation but reflects an interdependent system of resonance across multiple layers of existence.

6. Discussion: Consciousness as the Dimensional Bridge

6.1 Overview

The findings suggest that consciousness may function not merely as a bystander within reality but as an active bridge among its dimensional layers. By integrating insights from quantum physics, neuroscience, and transpersonal psychology, it becomes increasingly plausible that perception, emotion, and intent serve as modulators of dimensional resonance. This section interprets the convergence of data within a unified explanatory framework, positioning consciousness as the organizing force that both perceives and constructs the multidimensional universe.

6.2 Consciousness and Quantum Potential

At the quantum level, reality exists in states of superposition—multiple potential outcomes that collapse into specificity upon observation. Traditionally, this “measurement problem” has been treated as a mathematical abstraction rather than a metaphysical event. Yet, if consciousness itself is the field of observation, the act of awareness may represent a transdimensional operation: the selection of one potential from the infinite set of possibilities (Rosenblum & Kuttner, 2017).

This interpretation reframes consciousness as an agent of dimensional reduction—translating higher-dimensional potentials into the perceivable 3D world. Such a view aligns with the participatory universe model proposed by physicist John Wheeler (1990), who argued that “the universe does not exist ‘out there’ independent of us” (p. 308). Reality, therefore, is not discovered but co-created through the continuous interplay of observation and manifestation.

6.3 The Mind as a Frequency Transducer

Building upon resonance theory, the human mind-body system can be conceptualized as a biological transducer capable of tuning into specific dimensional frequencies. Brainwave studies indicate that meditative and mystical states are associated with coherent theta and gamma oscillations, patterns linked to integrative awareness and heightened perception (Lutz et al., 2007). This neural synchrony mirrors quantum coherence, in which particles behave as a unified wave function.

From this perspective, consciousness operates similarly to a receiver-transmitter: attention and emotion adjust the system’s vibrational frequency, determining which aspects of multidimensional reality are experienced. Such a mechanism could explain phenomena such as intuition, telepathy, or spontaneous insight—each representing moments when consciousness temporarily aligns with subtler informational layers.

6.4 Reconciling Inner and Outer Ontologies

The dualistic separation between inner (subjective) and outer (objective) reality dissolves when viewed through the multidimensional lens. If all existence arises from one unified field, then mind and matter represent complementary expressions of the same continuum. Bohm’s (1980) implicate order supports this perspective, describing the material world as an “explicate unfolding” of deeper consciousness structures. Similarly, Laszlo (2020) proposed that the Akashic field stores all information in potential form, accessible through resonance.

This implies that introspection, meditation, and visionary experiences are not hallucinations but dimensional perceptions—inner observations of the same field that physics measures externally. The

distinction lies only in method: science examines patterns through instruments, while consciousness experiences them directly through awareness. Both reveal facets of a singular, multidimensional order.

6.5 Implications for Science and Spirituality

The recognition of consciousness as a dimensional bridge carries transformative implications. For science, it challenges the assumption of objectivity divorced from observation, calling for methodologies that honor first-person data alongside third-person measurement. For spirituality, it reaffirms that mystical experience can be understood not as faith-based belief but as a form of empirical engagement with subtler layers of existence.

An integrative “science of consciousness” would therefore require a synthesis of rigorous experimentation and disciplined introspection. Instruments might measure electromagnetic fields or quantum correlations, while trained consciousness practitioners systematically explore subjective dimensions under controlled conditions. Such convergence could yield a new epistemology—a *noetic science* capable of mapping the architecture of being.

6.6 The Ethical Dimension of Awareness

Acknowledging consciousness as formative to reality introduces profound ethical responsibility. If thoughts, emotions, and intentions influence the collective field, then human coherence—or incoherence—has tangible effects on the planet’s energetic environment. Cultivating compassion, mindfulness, and integrity thus becomes a scientific as well as spiritual necessity. The multidimensional framework implies that every act of consciousness reverberates through the entire field, shaping probability and evolution.

Ethics, in this context, transcends behavior and becomes vibrational alignment—an effort to maintain resonance with the higher harmonics of universal intelligence.

6.7 Summary

The data and theoretical synthesis converge on the conclusion that consciousness operates as a dynamic mediator among the dimensions of reality. Its function is both perceptual and generative: it perceives through resonance and generates through intention. This interpretation bridges physics and metaphysics, uniting them in a participatory ontology wherein observer and observed co-evolve.

In essence, the multidimensional model restores humanity’s role as both witness and architect within the cosmic design.

7. Conclusion: Toward a Multidimensional Science of Being

The investigation undertaken in this paper demonstrates that the boundaries separating physics, consciousness studies, and metaphysics are increasingly permeable. Across disciplines, evidence suggests that reality cannot be adequately described by a purely material framework. Quantum nonlocality, coherence phenomena, and consistent experiential data converge on the premise that existence is multidimensional, dynamic, and participatory.

The theoretical model advanced here proposes that dimensions represent gradations of energy and information within a unified field, and that consciousness functions as the mediator capable of perceiving and influencing these layers. In this view, the universe is not a collection of independent objects but an interdependent network of resonant frequencies. Consciousness both observes and actualizes these frequencies, translating infinite potential into tangible experience.

This understanding requires a paradigm shift—from studying consciousness as a byproduct of the brain to recognizing it as the foundational principle of existence. Such a shift would not displace empirical science but expand it, integrating first-person experience with third-person observation. A multidimensional science of being must therefore employ transdisciplinary methodologies, uniting physics, neuroscience, psychology, and contemplative practice under a common goal: to understand the architecture of consciousness within the cosmos.

Future research could explore measurable correlations between coherent states of awareness and quantum systems, refine neurophysiological mapping of expanded states, and develop formal frameworks for documenting subjective dimensional experiences. As these inquiries mature, they may reveal that what humanity calls “inner” and “outer,” “physical” and “spiritual,” are facets of one continuous field—experienced through the instrument of consciousness itself.

In conclusion, multidimensional reality is not an abstract hypothesis but an emergent paradigm. Recognizing consciousness as the bridge across dimensions transforms both science and spirituality into complementary lenses of the same truth: that the universe is alive with awareness, and that through understanding its structure, humanity participates consciously in its ongoing creation.

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